



THE MILLER'S RUN

Wheelock Community Initiative <https://wheelockcmty.org/> **Email:** wheelockcmty@gmail
Phone: 802-626-3109 and leave a message

We all need help sometimes

If you need someone to talk to, reach out by texting VT to 741741 or calling 800-273-8255 to get **CONFIDENTIAL, FREE professional support 24/7**



NKHS Warm Lines

You can dial these from anywhere in Vermont without dialing the area code first.

749-1111 – Parent Support
24/7

749-1112 – Recovery
8:30 AM – 5:00 PM

749-1113 – Emotional Support
8:30 AM – 5:00 PM

Questions about Other Resources?
Dial 2-1-1



Jason DiGiulio, Chair
Ann Lawless
Bobbi Jo Norcross

Selectboard Summer Roundup

- In order to reduce taxes, the Selectboard voted to **amend the general fund budget, reducing it about \$10,000** from the 2020 Town Meeting vote. So far road expenses have been less than budget, but it will stay the same to complete more big, needy road projects done.
- The **Town of Wheelock** will soon have an official website, designed and maintained by “Town Web”, a firm recommended to the Selectboard by the Communications Taskforce.
- Come meet your Selectboard and tell us what's on your mind! **Selectboard Listening Session** on Sat. Aug. 29, 10-noon, outside Wheelock Town Hall, with masks and social distancing. Contact Ann Lawless for more info at 626-3109, by email alawless@vtlink.net Get updates on this and other Wheelock news by sharing your email address with the WCI (Wheelock Community Initiative) at wheelockcmty@gmail.com.

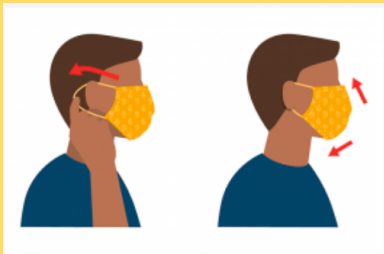
- **Selectboard Planning Commission Road Taskforce** Seeking volunteers for a taskforce to create a more strategic approach to road work planning, replacing equipment, and budgeting. Meets Wed. 8/19, Town Hall; masks/distancing required. Contact Ann for more info 626-3109, alawless@vtlink.net The Town Plan outlines goals and action steps; <https://bit.ly/2DHEsGm>.



Message from Town Clerk Vanessa Seguin

The Town Clerk's Office issued 173 **absentee ballots** for the August primary. The Vt. Secretary of State will mail **11/3 general election** absentee ballots directly to each active voter on our checklist. Update your mailing address on the “My Voter Page” at <https://mvp.vermont.gov/> or with Vanessa Seguin.

How to wear your mask...



to safely take it off..



...and to wash and dry it



Vermont Mask Mandate Effective Aug. 1

Gov. Scott is requiring all Vermonters (and visitors) to wear masks or cloth facial coverings any time you cannot keep a distance of at least 6 ft. with others from outside your household. Keep numbers of community infections low so students can safely return to school !

There are many Vermont companies that make and sell cloth masks. A list of these businesses is available on the Vt. Dept. of Health website <https://vem.vermont.gov/covid19/facecovering> Or make your own mask without a sewing machine with things you already have, such as T-shirts and bandanas. <https://bit.ly/2XOoeyQ> The CDC warns that neck gaiters do not offer protection.

NEK Council on Aging can also help you get a mask. Call them at 748-5182 or (800) 642-5119 and they will mail one to you.

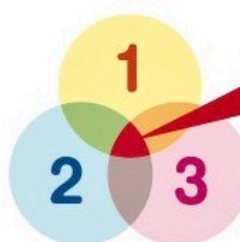
In addition to wearing a mask...

Avoid the "Three Cs"!

- 1. **Closed spaces** with poor ventilation.
- 2. **Crowded places** with many people nearby.
- 3. **Close-contact settings** such as close-range conversations.



One of the key measures against COVID-19 is to prevent occurrence of clusters. Keep these "Three Cs" from overlapping in daily life.



The risk of occurrence of clusters is particularly high when the "Three Cs" overlap!

In addition to the "Three Cs," items used by multiple people should be cleaned with disinfectant.